

2-Day Virtual Workshop  
**LYN ASSELTA**



PSA-MP, IAPS-EP

## The “Why” of Painting

To know “how” to create a painting, it’s important to know “why” you want to make that painting. Most of your painting process can be determined by answering that simple question.

This 2-day virtual workshop will explore the way your intent can help shape your paintings and allow your own unique voice to come through.

This workshop will consist of demos, group discussions, and painting time daily, with an additional “casual critique” for the group on the first evening.

### *Artist’s Statement*

*How can I explain to you what it feels like to stand in a forest and imagine that silence is a living thing, breathing between the leaves and the sunlight? How can I explain the way sea foam skitters and catches amongst slippery, wet rocks at the ocean’s edge during a winter storm? Words aren’t always adequate, so I feel compelled to paint those feelings. The challenge of painting what I feel is what continues to interest me most.*